

The Wellness Forum Foundation Grant Application Guidelines

Grant proposals for the 2005-2006 school year must be submitted by May 1, 2005. Applicants will be notified by mail on June 15 which proposals have been approved for funding.

Proposals from teachers and staff in public and private schools serving grades K-12 are eligible to apply.

Grant proposals that address the following issues will be given priority:

- Programs that teach children the value of consuming a healthy diet, motivate them to make positive changes, and facilitate change
- Programs that educate teachers about healthy nutrition and result in incorporation of Wellness Forum nutrition education in the classroom
- Programs that are designed to improve food and beverage offerings in school settings
- Programs that educate families about the importance of proper nutrition and provide tools for healthier changes
- Programs that measure changes in children's behavior and/or academic performance as a result of improved nutrition

Particular attention will be paid to grant proposals that impact larger numbers of people, can be ongoing after the involvement of the Foundation and result in long-term benefits to the populations served.

Funding Amounts of between \$250 and \$1000 will be considered.

Note: Applicants that are awarded funding will be required to complete a lifestyle course at a local Wellness Forum center or through distance learning in order to become acquainted with The Wellness Forum Foundation's philosophy. The course will be provided by the Foundation at no cost.

For additional information, please contact The Wellness Forum Foundation at 614 841-7700.

The Wellness Forum Foundation Grant Proposal

Please attach this form with your grant proposal

Project Title _____ Amt. Requested _____
Name of Applicant _____
Position _____
School _____
Address _____
City, State Zip _____
Work Phone (____) _____ Home Phone (____) _____
Applicant Signature _____
Supervisor Signature _____
Supervisor Name and Title (please print) _____

Please type your responses to the following questions on a separate page(s).

1. Project Objectives: What is the objective of your project? How does it meet the criteria described in the grant application guidelines?
2. Project Description: What will you do and how will you do it? How will students be selected to participate? How many students will be involved? List other populations that will be impacted by your project, including school staff, parents, etc. Why is this project needed? How does it fit in with similar programs already in place and/or those that are planned for your school?
3. Anticipated Barriers: Describe potential barriers to successful implementation of your project and your plans for dealing with these issues.
4. Project Time Line: When will the project begin and end?
5. Evaluation: How will you determine whether or not the project is successful? What criteria will be used to analyze efficacy.
6. Continuation: Describe how the project you will be doing will result in an ongoing program. If additional funding will be required, state the amount of funding needed and anticipated sources. Also, state the long-term effects resulting from this project for the populations served.
7. Replication: After completion of this project, will you be able to replicate it elsewhere in your school or school system? Describe how that would occur.
8. Personnel: Describe the people who will be involved in implementing the project and their credentials.
9. Budget: List specific items and their costs. If you plan to include in-kind services or resources, please list those also, as well as the source of those contributions.

Return four copies of your completed proposal to:

The Wellness Forum Foundation
338 Bristol Woods Court
Worthington, Ohio 43085